

APS
ATHLETICS
Great for Kids!

METRO CHAMPIONSHIPS

2010-2011
SPIRIT

ALBUQUERQUE

METRO

CHAMPIONSHIPS



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APS
ATHLETICS
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APS **Sports Center**
A ProView Networks Production

2010 - 2011 ALBUQUERQUE METRO SPIRIT CHAMPIONSHIPS

GENERAL INFORMATION



Sport Cheer, Dance and Drill

Date January 8, 2011

Site Tingley Coliseum

Sessions One Session

**Directors of
Event**

Competition Director: Jaime Mercer
Coordinator of Athletics: Ron Warren
Coordinator of Athletics: Julie Sanchez

Admission Event Ticket (no re-entry): Adults \$4.00 Senior Citizens & Students with school ID \$2.00

Event Day Pass Wristband (re-entry access): Adults, Students & Senior Citizens \$5.00

**Reserved
Box Seating**

Reserved box seating may be purchased in advance. Box seating accommodates up to 38 spectators. Reserved box seating will be sold on a first come, first serve basis.

Cost \$200.00 Reservation does not include admission fee.

Method of Payment Check made payable to APS Athletic Department

Point of Contact: Ron Warren, 878-6169

APS Passes Current APS Athletic Event Passes will be honored

Teams

Albuquerque High	Eldorado	Valley
Atrisco Heritage Academy	*La Cueva	Volcano Vista
Cibola	Manzano	West Mesa
*Del Norte	Rio Grande	St. Pius
*Highland	Sandia	**Hope

*Cheer only **Dance/Drill only

Teams will be required to sit in the designated area

Schedule

Check-in	8:45am
Mandatory Coaches Meeting	9:00am
Doors Open To Public	9:30am
Warm-Ups Begin	10:00am
Competition Begins	10:30am
Award Presentation	Following competition

Order of performance will be available at check-in and emailed to coaches no later than two days prior to the competition.

General Information

Free parking will be available in the racetrack parking lot. The parking lot can be accessed through Gate 8 located on Louisiana south of Lomas. All other Expo NM parking lots will be paid parking.

Spectators enter through main entrance located on the west side of the coliseum. Coaches, participants, school officials and other pass holders will enter at main entrance through the designated pass doors.

Unless accommodations have been made for reserved box seating, all spectator seating will be on a first come first served basis. Reserving and saving seats in the general seating area is not allowed. This includes saving sections of seats for a particular school or team.

Concessions will be available; no outside food or drink. This applies to both spectators and teams.

Warm-up time will be dictated by schedule. Schedule will be provided upon check-in.

Roster

Competition rosters are due to APS Athletics on or before 3:00pm, Monday, January 3rd by either fax at 830.3383 or e-mail at warren_r@aps.edu.

Athletic Trainer

An athletic trainer will be available during the event. Coverage is arranged via the school district schedule.

Warm-Up Information

Each team will have warm-up time. Due to area constraints, there will be NO yelling OR music played in the warm-up area. Please only bring necessary performance items to the warm-up area as there will not be a place to store or leave items while teams are performing. Teams will not be allowed to re-enter warm-up area.

Cheer Specific: Each team will have 5 minutes to stretch, 5 minutes on tumbling/jumps mats (2 strips) and 5 minutes on a full mat area (9 strips).

Dance Specific: Each team will have 5 minutes to stretch, 5 minutes in a limited area to warm-up jumps, leaps, etc., and 5 minutes to warm-up full routine. The warm-up area will not have floor markings.

Hospitality

A hospitality room will be available during the event. All coaches and school administrators of teams competing in the championship are all welcome in the hospitality room.

Awards

Participants and head varsity coaches will receive a participant T-shirt.

A first place team trophy will be awarded to the champion team along with an APS Metro Championship T-shirt for each member listed on the varsity roster along with varsity coaches. All scores are final. A copy of each team's judge's score sheets will be provided to head coaches.

The team trophy is a traveling trophy. The trophy will be presented to the champion team upon the conclusion of the event. However, the Athletic Department will collect the trophy after the event for engraving purposes and will officially present the trophy to the team once again at a school assembly/gathering where the trophy may be displayed in the school trophy case for the remainder of year.

**Award
Presentation**

The award presentation will take place immediately following the competition. It is the expectation of the APS Athletic Department that all teams will remain present for the award presentation while demonstrating the values of “Pursuing Victory with Honor”.

**Contact
Information**

Competition Director	Jaime Mercer	Cell: 385-7031
Coordinator of APS Athletics	Ron Warren	Wk: 878-6169 Cell: 259-3607 E-mail: warren_r@aps.edu
Coordinator of APS Athletics	Julie Sanchez	Wk. 878-6159 Cell: 249-7269 E-mail: sanchez_ju@aps.edu



2010-2011 ALBUQUERQUE METRO SPIRIT CHAMPIONSHIPS

GUIDELINES AND SCORING: CHEER

CHEER PERFORMANCE CATEGORY: CHEER WITH MUSIC

Cheer teams are required to perform a cheer with music routine. Performances will be judged on the criteria listed below and on the judge's score sheet. Rules set forth by the APS Athletic Department, the New Mexico Activities Association and the National Federation of State High School Associations will be administered. It is the expectation choreography, music and performance uniforms will be age and audience appropriate while upholding the decorum of each school represented.

Cheer with music performance will be defined and scored according to the criteria listed below and on the judge's score sheet.

Time Limits and Music

- The cheer with music performance must be a minimum of two minutes and a maximum of two minutes and thirty seconds.
 - The musical portion of the performance is limited to a total of one minute and thirty seconds.
 - There are no limits on the number of songs used in performance.
- Music **MUST** be on CD, no iPods. Please have a back-up CD with you during performance.
- Performance music only on the CD.
- Each CD must be labeled with the name of the school and the name of the head coach.
- Voice-overs or words recorded to make team's vocal projections sound louder are prohibited.
- Timing will begin with the first choreographed, organized word, movement or note of music and timing will end with the last organized word, movement or note of music.
 - Tumbling, chants and spell-outs incorporated as part of team introduction/entrance and exit will be timed as part of the performance.
- Five point deduction from overall score (cumulative score from all judges) for not meeting minimum or maximum performance time.
- Penalty Violations
 - All NFHS safety rules apply
 - See attached Technical Judge Sheet

Performance Interruptions

- Performance interruptions due to circumstances beyond a performing team's control may have the opportunity to perform routine a second time. The competition director will evaluate the circumstances for the interruption and determine whether or not the performance interruption was beyond the control of the team. The competition director will determine whether or not the team will be allowed to perform routine a second time. If it is determined the routine will be performed a second time, the competition director will determine whether or not routine will be judged from the start of the second performance or from the point of the original performance interruption.
- Stopping a performance does not guarantee a team will be given the opportunity to perform routine a second time. Individuals who may stop a routine are:
 - Competition Director
 - Athletic Department Official
 - Coach

Judging, Scoring and Competition Results

- Judges will critique and score performances based on the criteria presented in the competition packet, performance judge's score sheet and the technical judge's score sheet.
- A team's total score will be an average of the combined performance scores minus deductions (technical and performance time).
 - In the event of a tie, the team's highest scoring performance score will be used to determine ranking. If the highest scoring performance score is the same, the team's second highest scoring performance score will be used to determine ranking.
- Competition results will be made available online at the APS Athletic Department website at www.apsathletics.net
- Copies of judge's score sheets (performance and technical if applicable) will be distributed to head coaches upon the conclusion of the award presentation at the designated area and will only be available for pick-up thirty minutes after the award presentation.
- All scores and competition results are final.

Protocol for Communication

- All parent, participant and coaching staff questions and concerns shall be communicated through the head coach directly to the competition director.



ALBUQUERQUE METRO CHAMPIONSHIP JUDGE'S SCORE SHEET

CHEER WITH MUSIC PERFORMANCE

SCHOOL _____

CATEGORY: CHEER WITH MUSIC	MAXIMUM SCORE	COMMENTS	SCORE
CHEER SECTION			
CROWD LEADING Crowd effective material; encouraging crowd participation; use of motions to lead crowd	10		
INCORPORATIONS Practical use of skills to lead crowd; use of sign, megaphones, poms; level changes; Execution of incorporations	10		
SHOWMANSHIP & OVERALL CHEER EFFECT Projection, performance energy, enthusiasm & spirit; vocal clarity, volume and inflection Execution of & overall effect of cheer	10		
MUSIC SECTION			
PARTNER STUNT Execution & Level of Difficulty Proper technique, form, synchronization, spacing	10		
PYRAMIDS & TOSSES Execution & Level of Difficulty Proper technique, form, synchronization, spacing, number of bases & groups, transitions	10		
TUMBLING Execution & Level of Difficulty Proper technique, form, synchronization, spacing	10		
JUMPS Execution & Level of Difficulty Proper technique, height of jumps, synchronization	10		
DANCE Execution Motion control, technique, synchronization, spacing, transitions	10		
SHOWMANSHIP & OVERALL MUSIC SECTION Projection, performance energy, enthusiasm & spirit, crowd effect Choreography, visual effect, well-suited with music	10		
OVERALL PRESENTATION			
OVERALL EFFECT Performance components such as music, uniforms & choreography suitable and audience appropriate Judge's overall impression of performance	10		
TOTAL SCORE			

Judge's Identification Number _____

Judge's Signature _____



2010-2011 ALBUQUERQUE METRO SPIRIT CHAMPIONSHIPS

GUIDELINES AND SCORING: DANCE/DRILL

DANCE PERFORMANCE CATEGORY: POM

Dance teams are required to perform a pom routine. Performances will be judged on the criteria listed below and on the judge's score sheet. Rules set forth by the APS Athletic Department, the New Mexico Activities Association and the National Federation of State High School Associations will be administered. It is the expectation choreography, music and performance uniforms will be age and audience appropriate while upholding the decorum of each school represented.

Pom performance will be defined and scored according to the criteria listed below and on the judge's score sheet.

Poms must be used 80% of the time.

- No other props may be used.

Synchronization

- Fast pace
- Exact placement with control of motion
 - Precise
 - Sharp
 - Clean

Visual effects

- Level changes
- Formation changes
- Group work

Style

- Traditional pom routine with unique, creative and innovating pom motions

Note: The style of the routine should not be centered on stylized dance movements where the routine's primary focus is on combinations, leaps and turns (i.e. Jazz routine).

Time Limits and Music

- The pom performance must be a minimum of two minutes and a maximum of two minutes and thirty seconds.
- Timing will begin with first organized word, movement, or note of music after the team is officially announced and timing will end with last organized word, movement, or note of music.
- Five point deduction from overall score (cumulative score from all judges) for not meeting minimum or maximum performance time.
- Music MUST be on CD, no iPods. Please have a back-up CD with you during performance.
- Performance music only on the CD.
- Each CD must be labeled with the name of the school and the name of the head coach.

Penalty Violations

- All NFHS safety rules apply.
- See attached Technical Judge Sheet.

Performance Interruptions

- Performance interruptions due to circumstances beyond a performing team's control may have the opportunity to perform routine a second time. The competition director will evaluate the circumstances for the interruption and determine whether or not the performance interruption was beyond the control of the team. The competition director will determine whether or not the team will be allowed to perform routine a second time. If it is determined the routine will be performed a second time, the competition director will determine whether or not routine will be judged from the start of the second performance or from the point of the original performance interruption.
- Stopping a performance does not guarantee a team will be given the opportunity to perform routine a second time. Individuals who may stop a routine are:
 - Competition Director
 - Athletic Department Administrator
 - Coach

Judging, Scoring and Competition Results

- Judges will critique and score performances based on the criteria presented in the competition packet, performance judge's score sheet and the technical judge's score sheet.
- A team's total score will be an average of the combined performance scores minus deductions (technical and performance time)
 - In the event of a tie, the team's highest scoring performance score will be used to determine ranking. If the highest scoring performance score is the same, the team's second highest scoring performance score will be used to determine ranking.
- Competition results will be made available online at the APS Athletic Department website at www.apsathletics.net
- Copies of judge's score sheets (performance and technical if applicable) will be distributed to head coaches upon the conclusion of the award presentation at the designated area and will only be available for pick-up thirty minutes after the award presentation.
- All scores and competition results are final.

Protocol for Communication

- All parent, participant and coaching staff questions and concerns shall be communicated through the head coach directly to the competition director.



ALBUQUERQUE METRO CHAMPIONSHIP JUDGE'S SCORE SHEET

DANCE/DRILL: POM PERFORMANCE

SCHOOL _____

DANCE /DRILL CATEGORY: POM	MAXIMUM SCORE		SCORE
CHOREOGRAPHY			
CREATIVITY Unique and creative pom movements contributing to visual effects in level changes, formations and group work while synchronizing with music	10		
DIFFICULTY Implementation of a variety of fast pace, innovating, complex, pom movements	10		
FORMATIONS & TRANSITIONS Clever use of dance space with the implementation of a variety of creative formations and smooth, exciting transitions	10		
TECHNIQUE			
POM TECHNIQUE & TECHNICAL SKILL Accurate and precise execution of pom placement and overall execution of team's dance technique	15		
CONTROL Ability to maintain strong, controlled motions throughout the performance	10		
EXECUTION OF ROUTINE			
SYNCHRONIZATION Precision, uniformity, timing and synchronization of routine with music throughout routine	15		
TRANSITIONS & SPACING Ability of dancers to complete transitions while assuming positions into new formations with accuracy throughout all transitions and formation changes	10		
OVERALL EFFECT			
ENERGY OF PERFORMANCE Ability to demonstrate and maintain a high energy performance Performance components such as music, uniforms & choreography suitable and audience appropriate	10		
SHOWMANSHIP & CROWD EFFECT Ability to capture the crowd's interest with the energy and emotions expressed through the performance	10		
TOTAL SCORE			

Judge's Identification Number _____

Judge's Signature _____



TECHNICAL JUDGE SHEET

SCHOOL _____

DANCE/DRILL

CHEER

☐

POM

☐

CHEER WITH MUSIC

Penalty Violations

Deduct 10 TOTAL points for violation of NFHS Safety Rules (Rule 2, Sections 3-14 p. 21) (Rule 3, Sections 2-6 p. 40)

Deduct 5 TOTAL points for violation of General Risk Management (Rule 2, Sec. 1 and 2 p. 19) (Rule 3, Sec. 1 p. 39)

Deduct 5 TOTAL points for inappropriate or unsportsmanlike conduct (Rule 2, Section 15 p. 27)

Deduct 5 TOTAL points for not meeting minimum/maximum time requirements.

CHEER ONLY: Deduct 5 TOTAL points for stepping/placing hand(s) off the designated competition performance area

DANCE/DRILL ONLY: Deduct 2 TOTAL points for an incomplete required element

DANCE/DRILL ONLY: Deduct 5 TOTAL points for an omitted required element

Penalty Violation Descriptions

Safety Violation	Section	Article	Points Deducted
Other Infractions	Infraction Description		Points Deducted
Total Points Deducted			

Judge's Identification Number _____

Judge's Signature _____