

To: Head Track Coaches

From: Kenny Henry, Head Boys Track Coach, Cleveland High School Tim Flores, Head Girls Track Coach, Cleveland High School

Re: Cleveland Storm Relays, Friday March 27, 2015

We want to take this opportunity to thank you all for attending our meet and welcome you to the 6<sup>th</sup> annual Storm Relays. The Storm Relays will be run as a true relay meet, with nearly every event being organized as a relay. In typical relay meets, athletes competing in the running events are not afforded the opportunity to qualify to the state championships. The 2015 Storm Relays is designed to allow many of the athletes competing on the track to qualify to the state championships as an individual while participating in a relay. All field event athletes will be able to qualify to the state championships.

We will be taking entries through <u>Directathletics.com</u>. Entries will be due Wednesday March 25, 2015 at 11:59 pm.

The scratch meeting will be held Friday at 2:30 pm on the bottom floor of the Field house adjacent to the track.

Teams attending:

Cleveland, Eldorado, Hope Christian, Los Alamos, Rio Grande, Rio Rancho, Sandia, Sandia Prep, Santa Fe, Taos, Valley

## **General Information**

Inform your parents and supporters that we will be charging an entrance fee of students \$2.00 and adults \$3.00. This money will go to purchasing the individual and team awards. This is in lieu of a school/team fee. PLEASE LET YOUR PARENTS/SUPPORTERS KNOW this ahead of time we do not want our volunteers harassed the day of the meet.



## <u>Team camps will be in the aluminum bleacher area. No athletes are allowed in the chairback section. Please adhere to this. We will make announcements to make sure teams know this.</u>

Only officials and contestants will be allowed on the track infield. There are plenty of gates located in the track area, please do not have your athletes jump any fences.

Team Scoring will be 10-8-6-4-2-1 for all events.

Entries and scoring: (For all events, you must enter three athletes in order to score as a team. We will allow athletes to compete even if they are not part of a team but they will not be counted toward team scoring)

**3x3200 meter relay** (Must have 3 individual entries, all three entries will compete at the same time and their times will be added together for a team time).

4x400 meter relay (1 relay)

**100/110 meter shuttle hurdle relay** (1 relay)

**100 meters elite** (1 individual entry)

4x800 meter relay (1 relay)

4x200 meter relay (1 relay)

**300 meter hurdle relay** (Must have 3 individual entries, all 3 individual times will be added together for a team time).

**3x1600 meter relay** (Must have 3 individual entries, all three entries will compete at the same time and their times will be added together for a team time).

**4x100 meter relay** (1 relay)

**Field Events** (Must have three individual entries. Individual marks will be added together to get team distance).

Short spikes or flats will be required of all contestants. Starting blocks will be furnished.

The running surface, pole vault, long jump, and high jump are on an all-weather surface. Discus and shot put rings are concrete and the javelin approach is on grass.

Participants are requested NOT to wear spikes into the metal bleacher area.

The Cleveland High School administration and athletic department appreciates your participation in this meet.



## Cleveland Storm Relays March 27, 2015

Time Schedule: Rolling

2:30 pm Scratch meeting in the field house

3:00 pm Field Events Begin— 3 ATTEMPTS NO FINALS

Girls Triple Jump
Girls Shot Put
Boys Discus
Girls High Jump
Boys Javelin

Girls Pole Vault

5:00 pm Girls Long Jump Boys Long Jump

Girls Discus

Girls Javelin

Boys Shot Put

Boys High Jump

Boys Pole Vault

## **ROLLING SCHEDULE**

3:00 pm	3x3200 meter relay (Girls/Boys to follow) 4 X400 meter relay (Girls/Boys to follow) 100 meter shuttle hurdle relay (Girls) 110 meter shuttle hurdle relay (Boys) 100 meters elite (Girls/Boys to follow) 4x800 meter relay (Girls/Boys to follow) 4 x 200 meter relay (Girls/Boys to follow) 300 meter hurdle relay (Girls/Boys to follow) 3x1600 meter relay (Girls/Boys to follow) 4x100 meter relay (Girls/Boys to follow)