

Albuquerque Public Schools
April Combined Boys/Girls Track Meet
Saturday, April 3, 2010

Entry Allowances: 100-200-400-100/110Hurdles-300 Hurdles Two (2)
800-1600-3200 Three (3)
Relays One (1)
Field Events Three (3)

no changes in heats and lanes will be allowed, all athletes must compete as assigned.

Entries Due Wednesday 31-Mar 3:00 PM
Send Entries to: Boys Girls
Fax: 298-9641 830-3383
E-Mail drangmeister@aps.edu lisahenry19@msn.com

Scoring Individual 7-4-3-2-1
Relay 10-7-5-3-1

Schedule:

8:00 AM Scratch Meeting (All Scratches completed by 8:45 am)

8:30 AM Weigh in equipment

Running Events

9:00 AM	G	3200	11:15 AM	G	300 Hurdles
9:25 AM	G	400 Relay	11:25 AM	B	300 Hurdles
9:30 AM	B	400 Relay	11:40 AM	G	800
9:35 AM	G	100 Hurdles	11:50 AM	B	800
9:45 AM	B	110 Hurdles	12:00 PM	G	Medley
9:55 AM	G	100	12:15 PM	B	Medley
10:05 AM	B	100	12:30 PM	G	200
10:15 AM	G	1600	12:40 PM	B	200
10:30 AM	B	1600	12:55 PM	B	3200
10:45 AM	G	800 Relay	1:00 PM	G	1600 Relay
10:50 AM	B	800 Relay	1:10 PM	B	1600 Relay
10:55 AM	G	400			
11:05 AM	B	400			

Field Events

9:00 AM	B	Javelin	3 Throws	12:00 PM	G	Triple Jump	3 Jumps
9:00 AM	G	High Jump		11:00 AM	B	Discus	3 Throws
9:00 AM	B	Pole Vault		11:00 AM	G	Pole Vault	
9:00 AM	B	Shot Put	3 Throws	12:00 PM	B	Triple Jump	3 Jumps
9:00 AM	G	Long Jump	3 Jumps	12:00 PM	G	Discus	3 Throws
10:00 AM	G	Shot Put	3 Throws				
10:30 AM	B	Long Jump	3 Jumps				
10:00 AM	B	High Jump					
10:00 AM	G	Javelin	3 Throws				

Team Assignments

Milne RGHS--HHS--SHS--AHS--WMHS--VVHS--ST PIUS--RIO RANCHO--CLEVELAND--HOPE

Wilson MHS--EHS--LCHS--VHS--CHS--DNHS--ALB. ACAD.--BERNALILLO--ALAMO--LOS LUNAS

**** USE OFFICIAL APS ENTRY FORMS ONLY ****